



Difficulty Scoring Rubric All Girl Stunt and Coed Stunt

ENTRIES/DISMOUNTS RUBRIC

The skills below are listed as a base for difficulty points and are not intended to be a “checklist” for a routine

Intermediate

0-1 Points

Straight bump downs
Straight cradles from two feet

Advanced

1-2 Points

Inversions begin/end below prep level
Straight bump downs
Straight cradles from one foot
Entries include no more than a ½ twist

Elite

2-4 Points

Inversions begin/end at prep level
Bump down and/or pop off involves twisting
Release entries end at prep level
Twisting Cradles from two feet

Super Elite

4-5 points

Inversions end at the extended level
Tumbling directly into stunt
Release entries end at extended level
Release entries involve twisting
Twisting Cradles from one foot

DRIVERS

Degree of Difficulty
Combination of Skills/Variety
Versatility of Participants