



# Difficulty Scoring Rubric

## Pom

### JUMPS / LEAPS RUBRIC

A "jump / leap" occurs anytime both feet leave the floor at either the same time, or one first and then the other. Both feet will be off the ground for the duration of the jump/leap.

**Intermediate**  
**0-1 Points**  
Single synchronized jump / leap

**Advanced**  
**1-2 Points**  
Double synchronized jump / leap with no variety

**Elite**  
**2-4 Points**  
Double synchronized jump / leap with variety  
OR  
Triple synchronized jump / leap with no variety

**Super Elite**  
**4-5 points**  
Triple synchronized jump with variety

### DRIVERS

- Percentage of team participation – 50% or more
- Combination of Skills/Variety
- Pace and Speed of Skills
- Entering or exiting a turning skill