



2019 AIA STATE TRACK & FIELD QUALIFYING STANDARDS

DIVISION I

BOYS

GIRLS

EVENT	AUTOMATIC	PROVISIONAL	AUTOMATIC	PROVISIONAL
4X800 RELAY	8:12.95	8:55.80	9:55.67	11:08.97
H. HURDLES	14.98	16.08	15.37	17.06
100 METERS	10.86	11.26	12.41	12.99
1600 METERS	4:24.39	4:31.78	5:13.51	5:28.68
4X100 RELAY	42.92	44.99	49.71	53.35
400 METERS	50.08	51.55	58.76	1:01.98
300 HURDLES	39.39	41.95	46.98	49.56
800 METERS	1:57.95	2:00.35	2:19.43	2:24.92
200 METERS	22.18	22.72	25.57	26.78
3200 METERS	9:33.32	9:59.14	11:10.72	11:57.31
4X400 RELAY	3:26.24	3:35.60	4:06.21	4:32.60
POLE VAULT	13' 6"	12' 3"	10' 6"	8' 6"
HIGH JUMP	6' 2"	5'10"	5' 2"	4'10"
LONG JUMP	21'11"	20' 9"	17' 6"	16' 1"
TRIPLE JUMP	43' 2"	41' 4"	36' 1"	33' 0"
SHOT PUT	48' 3"	44' 6"	36' 6"	32' 2"
DISCUS	146' 4"	130' 0"	112' 5"	98' 4"
JAVELIN	150' 7"	128' 9"	96' 4"	84' 0"

- ALL TRACK TIMES MUST BE WIND-LEGAL ELECTRONIC TIMES (F.A.T.)

DIVISION II

BOYS

GIRLS

EVENT	AUTOMATIC	PROVISIONAL	AUTOMATIC	PROVISIONAL
4X800 RELAY	8:15.91	8:42.48	10:12.42	11:03.49
H. HURDLES	15.26	16.11	15.77	17.16
100 METERS	10.91	11.28	12.34	12.88
1600 METERS	4:27.16	4:36.38	5:21.49	5:37.47
4X100 RELAY	43.01	44.65	49.79	52.49
400 METERS	50.26	51.48	58.93	1:02.84
300 HURDLES	40.55	42.34	46.78	50.04
800 METERS	1:58.82	2:02.33	2:22.14	2:28.42
200 METERS	22.28	22.88	25.56	26.47
3200 METERS	9:41.37	10:10.75	11:29.86	12:21.75
4X400 RELAY	3:26.20	3:34.89	4:06.81	4:22.91
POLE VAULT	13' 0"	11' 6"	9' 6"	8' 0"
HIGH JUMP	6' 2"	5'10"	5' 2"	4'10"
LONG JUMP	21' 8"	20' 9"	17' 0"	15' 10"
TRIPLE JUMP	43' 4"	40' 5"	34' 5"	31' 5"
SHOT PUT	47' 3"	44' 2"	36' 6"	32' 0"
DISCUS	148' 4"	131' 9"	109' 3"	96' 2"
JAVELIN	146' 1"	129' 7"	94' 8"	84' 0"

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DIVISION III

BOYS

GIRLS

EVENT	AUTOMATIC	PROVISIONAL	AUTOMATIC	PROVISIONAL
4X800 RELAY	8:32.26	9:05.16	10:32.59	11:45.55
H. HURDLES	15.92	17.17	16.52	17.86
100 METERS	11.20	11.63	12.99	13.59
1600 METERS	4:34.38	4:45.36	5:29.28	5:52.06
4X100 RELAY	44.07	46.00	52.27	54.73
400 METERS	51.36	52.99	1:01.71	1:04.48
300 HURDLES	41.50	44.10	48.87	52.17
800 METERS	2:01.80	2:05.26	2:26.98	2:33.99
200 METERS	22.84	23.39	26.99	27.89
3200 METERS	10:02.70	10:29.80	11:48.68	12:53.45
4X400 RELAY	3:30.83	3:42.57	4:16.55	4:35.23
POLE VAULT	12' 9"	10' 9"	9' 0"	7' 6"
HIGH JUMP	6' 2"	5' 10"	5' 0"	4' 8"
LONG JUMP	21' 0"	19' 8"	16' 5"	15' 3"
TRIPLE JUMP	42' 7"	39' 3"	33' 8"	30' 7"
SHOT PUT	45' 6"	41' 5"	33' 0"	29' 8"
DISCUS	130' 10"	119' 4"	97' 9"	89' 5"
JAVELIN	140' 0"	125' 0"	98' 0"	78' 0"

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DIVISION IV

BOYS

GIRLS

EVENT	AUTOMATIC	PROVISIONAL	AUTOMATIC	PROVISIONAL
4X800 RELAY	8:47.85	9:51.45	11:00.42	12:48.28
H. HURDLES	16.36	18.73	17.03	19.12
100 METERS	11.63	11.94	13.31	13.89
1600 METERS	4:42.78	4:52.93	5:33.65	6:03.61
4X100 RELAY	45.64	48.51	52.91	59.17
400 METERS	52.77	54.67	1:04.08	1:06.78
300 HURDLES	42.98	46.27	51.06	54.05
800 METERS	2:04.42	2:09.46	2:30.06	2:37.89
200 METERS	23.67	24.26	27.89	28.95
3200 METERS	10:17.74	10:55.50	12:14.38	13:48.85
4X400 RELAY	3:36.38	3:56.44	4:26.65	4:59.36
POLE VAULT	11' 0"	8' 6"	8' 0"	6' 0"
HIGH JUMP	5' 10"	5' 4"	4' 10"	4' 4"
LONG JUMP	20' 6"	18' 7"	15' 5"	14' 3"
TRIPLE JUMP	40' 6"	37' 4"	32' 3"	28' 2"
SHOT PUT	42' 5"	38' 0"	30' 11"	27' 8"
DISCUS	126' 2"	107' 5"	93' 1"	79' 0"
JAVELIN	126' 0"	108' 0"	88' 0"	72' 0"

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