



MINUTES
SPORTS MEDICINE ADVISORY COMMITTEE MEETING
January 31, 2019

Members Attendance:

Javier Cardenas
Salley Ann Iverson
John Kearney
Thomas Fiel
David Mesman
Hayley Root
Rebekah Gardiner
Josie Harding
David Hayward
Tamara McLeod*
Randy Cohen*
Jennifer Wethe*
Roger McCoy, MD*
Kareem Shaaraway*
Robert Luberto*

AIA STAFF PRESENT:

David Hines, Executive Director
Joe Paddock, Asst. Executive Director
Mark Mignella, Legal Counsel
Dean Visser, Sports Administrator
Jessica Garcia, Front Office Assistant

*Indicates Conference Call-In

➤ **ADHS/ADE HEAT ILLNESS PROJECT (Sally Ann Iverson)**

- Sally Ann Iverson from Arizona Department of Health Services updated the committee on the heat index chart and the heat illness project.
- Discusses the recommendations for heat illness and water intake.
- Goal is to develop ADHS-level recommendations for the prevention of heat-related illness in K-12 schools.
 - Develop guidance on modification of outdoor activities in response to extreme heat.
 - Provide recommendations for schools on the development of school-level heat policies.

➤ **WBGT STUDY UPDATE (Haley Root)**

- Haley Root provides update on study and getting tail data from Castol's devices.
- Recommends on supplying more schools with Castol's devices to be able to obtain more data for the next year project.
- Ask the NFHS for funding to get the devices to school Athletic Trainers.

➤ **WRESTLING SKIN LESIONS (Dean Visser)**

- Dean Visser of the AIA discusses the Skin Lesion form with committee and asked for feedback. Who can sign off on the Skin Lesion Form? Who can oversee lesion clearance?
- Committee recommends that a team physician be on site for wrestling sectionals and state tournaments.

- **AIA EMERGENCY PREPAREDNESS ARTICLE (Tamara McLeod)**
 - Tamara McLeod informs the committee that the first statewide emergency preparedness study was finally published online with JAT.
 - Secondary schools with access to the Athletic Trainers had better emergency preparedness in all areas except concussion.

- **AzATA WINTER SYMPOSIUM (David Hines/Javier Cardenas)**
 - Javier updates the committee on the discussions taken place at the AzATA Symposium.
 - Haley Root presented information at the symposium regarding the WBGT data.
 - David Hines was awarded and recognized by the AzATA.
 - New President David Messman of the AzATA shares his vision of continuing the relationship with the AIA and increase communication.

- **AT HELMET STICKER INITIATIVE (David Hayward)**
 - David Hayward discusses the purpose of the AT Helmet Sticker Initiative; increase the awareness of the role Athletic Trainers have in sports safety and promote of having AT in very high school.
 - Goal is to have this project for fall 2019 at each school.

Meeting Adjourned 9:00 am

Next Meeting: February 21, 2018 or February 28, 2018 - TBD